

CONFERENCE PROGRAM

2019



# CANADIAN OBESITY WEEKEND

JOINT CONFERENCE BETWEEN CABPS AND IFSO NORTH AMERICAN CHAPTER

MAY 17-18, 2019

HILTON TORONTO HOTEL  
145 RICHMOND STREET WEST  
TORONTO, ON CANADA

Endorsed by



## GENERAL INFORMATION

### Hotel Information

Hilton Toronto Hotel  
145 Richmond Street West  
Toronto, ON  
CANADA  
Tel: 416-869-3456



Located in the center of Toronto's urban downtown, the Hilton Toronto is a 10-minute walk from all the city has to offer. Whether your passion is the arts, sports or just a leisurely stroll, the hotel is within minutes from major museums, art galleries, sports arenas and shopping. The hotel has two restaurants, Tundra and the upscale Ruth's Chris Steak House! It also features an indoor/outdoor pool and a 24hour fitness centre with a sauna and change room. The Hilton is within walking distance to the Eaton Center, CN Tower, Ripley's Aquarium, Scotiabank Centre, Rogers Center, museums & art galleries and is across the street from the National Ballet of Canada & the Canadian Opera Company.

**Reservations:** Visit the CABPS website for a direct online hotel reservation link.

**Rate:** \$229.00 per/night Standard Room - Single/Double occupancy

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## GETTING THERE



### Travel by Air

Most major airlines offer direct flights to Toronto Pearson International Airport, year-round.

**Porter Airlines and Air Canada offer flights in and out of Billy Bishop Toronto City Airport from major cities in Canada and the United States.**



### By Train/Bus

Travelling by train or bus is a convenient and fascinating way to get to Toronto.  
To book call: 1 888 VIA-RAIL (1 888 842-7245) or ([www.viarail.ca/en](http://www.viarail.ca/en))

To book call: 1-888-GET-ON-GO (438-6646) or (<https://www.geton-go.com/en/>)

## MESSAGE FROM THE PRESIDENT



Dear Colleagues,

On behalf of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), I am delighted to invite you to attend **Canadian Obesity Weekend**, scheduled for **May 17 – 18, 2019** at the Hilton Toronto Hotel. This Conference will gather all Healthcare specialists involved in the treatment of patients suffering from obesity, providing one of the best fora to enhance your knowledge and learn about emerging trends. Once again, we have included a symposium to support primary healthcare professionals who are already practicing or interested to learn more about the state-of-the-art treatment of obesity.

The two-day Conference will kick off on Friday, May 17, 2019 and will focus on all aspects of the treatment of obesity and metabolic disorders. The scientific program was developed with a multi-disciplinary vision in mind, to give an update and cover hot topics in the fast-evolving field of bariatric treatment. As always, the ultimate goal is to allow delegates to take what they have learned back to their respective clinics/practices.

This year's Conference will provide an in-depth review of challenges facing medical professionals, including unusual nutritional deficiencies, management of adolescents with obesity and debates on the pros- and cons of specific challenges we are experiencing every day.

We are also thrilled to invite you to the **"Throwback to the 80's" party** on Friday evening – an excellent opportunity to get to know your colleagues in a casual atmosphere.

Warm regards,

**CANADIAN ASSOCIATION OF BARIATRIC PHYSICIANS AND SURGEONS**

*Laurent Biertho*

Laurent Biertho, MD  
President

## CABPS BOARD OF DIRECTORS

- President:** Laurent Biertho, MD [Quebec City, QC]
- President-Elect:** Stephen Glazer, MD, FRCPC, FCCP [Toronto, ON]
- Past President:** David Lau, MD, PhD, FRCPC [Calgary, AB]
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David Urbach, MD, FRCSC [Toronto, ON]  
Sean Wharton, MD, FRCPC, PharmD [Toronto, ON]

## 2019 CONFERENCE COMMITTEE

- Stephen Glazer, MD, FRCPC, FCCP, Chair [Toronto, ON]    Andrea Millard, MSW, RSW [Hamilton, ON]  
Laurent Biertho, MD, [Quebec City, QC]    Judy Shiau, MD, FRCPC, Dipl. of ABOM [Ottawa, ON]  
Jennifer Brown, MSc., RD [Ottawa, ON]    Sanjeev Sockalingam, MD, FRCPC [Toronto, ON]  
David Lau, MD, PhD, FRCPC [Calgary, AB]

### VISIT THE POSTERS



Take some time to visit with our posterboard presenters in the Exhibit Hall.

### Visit the CABPS Booth



Learn about upcoming events, membership and initiatives of CABPS at the CABPS booth in the registration area.

## MESSAGE FROM THE CONFERENCE CHAIR



Dear Colleagues,

On behalf of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), Conference Committee I am pleased to extend this invitation to all colleagues who practice or have an interest in the field of obesity to attend **Canadian Obesity Weekend** scheduled for **May 17-18, 2019** at the Hilton Toronto Hotel in Toronto, Ontario, Canada.

The Conference will begin on Friday, May 17, 2019 and will focus on a diversity of areas related to obesity including aspects of pediatric obesity, nutrition and vitamin deficiencies and controversial hot topics in bariatrics. We will have in attendance very high-profile international speakers including Drs. John Morton, Donna Ryan and Christopher Still, who will provide keynote state-of-the-art lectures. CABPS' approach to Bariatric medicine is holistic, considering the complexity of the patient. Psychosocial aspects and nutritional perspectives will be discussed, along with surgical and medical considerations. This Conference promises to touch upon the necessary learning messages intended to expand your knowledge and provide practical strategies applicable to your day to day practice.

We have a fantastic fun-filled social event planned for you on Friday evening. Our **President's Throwback to the 80's Party**, will time shift you back to the glory days; it's time to recapture your youth and get footloose! It will be the perfect opportunity to catch up with friends and colleagues and an opportunity to build and enhance your contacts.

Our organization remains socially conscious. We are not only green, but we also strive to give back to those in need. CABPS is helping to fight hunger and family poverty. Hunger undermines healthy growth and development in children and leaves its mark across the lifespan. This year, the proceeds from our raffle, hosted during the **President's Throwback to the 80's Party**, will be donated to The Daily Bread Food Bank. Help us make it a great success and contribute to our commitment to help stave off hunger!

The CABPS Conference committee has been extremely active preparing for this Conference. This year we will be launching our conference mobile app. We hope this will be a useful resource for having all information pertaining the Conference at your finger tips. You will be able to view the complete program, bookmark sessions, make notes for your personal schedule, and learn about the speakers. You will be able to log in to the app and take notes from your tablet/laptop, access your CME Certificate and participate in our survey.

Join us on social media and plan to share your experience with us this year during **Canadian Obesity Weekend** by following us on Twitter **@Cabps\_obesity** and on our Facebook page (**facebook.com/CABPS**). Make sure you include the hashtag **#CABPS2019** in your posts to stay connected!

Toronto is rich in history and offers many attractions and fun-filled activities, within walking distance from the Hilton Toronto. We invite you to enjoy a bit of Toronto's heritage culture, diversity and food.

Look forward to seeing you soon!

Sincerely,

**CANADIAN ASSOCIATION OF BARIATRIC PHYSICIANS AND SURGEONS**

*Stephen Glazer*

Stephen Glazer, MD, FRCPC, FCCP  
Conference Chair

# TIME TO GET SOCIAL!



## Join CABPS on social media!

Share your experience with us this year during Canadian Obesity Weekend by following us on Twitter **@Cabps\_obesity** and on our Facebook page (**facebook.com/CABPS**).

We will be posting all that is happening for and at the Conference using the hashtag **#CABPS2019**.

Make sure you include this hashtag in your posts to stay connected!

## DISCOVER TORONTO



Wondering what to do,  
where to eat in Toronto?

Visit the Toronto Tourism  
web site for more information.



<https://www.seetorontonow.com>

# PROGRAM AT A GLANCE

Friday, May 17					Saturday, May 18
PRIMARY HEALTHCARE SYMPOSIUM	CABPS/IFSO-NAC CONFERENCE				CABPS/IFSO-NAC CONFERENCE
REGISTRATION OPEN	REGISTRATION OPEN				REGISTRATION OPEN
	BREAKFAST				BREAKFAST
	WELCOME & OPENING REMARKS				CABPS ANNUAL GENERAL MEETING (BREAKFAST MEETING)
	PRESIDENTIAL ADDRESS				PLENARY SESSION DEBATES
	PLENARY SESSION PEDIATRIC TALK				PLENARY SESSION BARIATRIC SURGERY AS A WAY TO RESTORE VASCULAR POTENTIAL
	PLENARY SESSION DUODENAL SWITCH				NUTRITION BREAK
	NUTRITION BREAK				PLENARY SESSION YEAR IN REVIEW
	KEYNOTE ADDRESS - ADDRESSING OBESITY WILL SAVE HEALTHCARE: BARIATRIC COLLABORATION IN ACTION				KEYNOTE ADDRESS: INADEQUATE WEIGHT LOSS AND WEIGHT REGAIN AFTER SURGERY. DID THE SURGERY FAIL? DID THE PATIENT FAIL?
	PLENARY SESSION UNCOMMON NUTRITIONAL DEFICIENCIES POST GASTRIC BYPASS				PLENARY SESSION CONTROVERSIES IN OBESITY
WELCOME & OPENING REMARKS	LUNCH SYMPOSIUM: MEDICAL TREATMENT OF OBESITY: IMPLEMENTING PRACTICAL THERAPIES INTO CLINICAL PRACTICE				CLOSING REMARKS
PRIMARY HEALTHCARE SYMPOSIUM -PART I	CONCURRENT SESSION INTERNAL MEDICINE TALKS	CONCURRENT SESSION ERAS IN BARIATRIC SURGERY	CONCURRENT SESSION MENTAL HEALTH SESSION: ADVANCES IN MANAGING EATING DISORDERS IN OBESITY AND BARIATRIC SURGERY	CONCURRENT SESSION NUTRITION TALKS	
NUTRITION BREAK	NUTRITION BREAK				
PRIMARY HEALTHCARE SYMPOSIUM -PART II	CONCURRENT SESSION METABOLIC SURGERY - ACCEPTED ABSTRACTS	CONCURRENT SESSION BARIATRIC MEDICINE - ACCEPTED ABSTRACTS	CONCURRENT SESSION MENTAL HEALTH- ACCEPTED ABSTRACTS	CONCURRENT SESSION ALLIED HEALTH TALKS	
	PRESIDENT'S THROWBACK TO THE 80'S PARTY				

# PROGRAM

Friday, May 17, 2019

## PRIMARY HEALTHCARE SYMPOSIUM

12:15 - 5:30 REGISTRATION OPEN

13:25 - 13:30 WELCOME & OPENING REMARKS  
Speaker: Dr. Stephen Glazer

**13:30 - 15:30 PRIMARY HEALTHCARE SYMPOSIUM-PART I**  
Chair: Dr. Stephen Glazer

13:30 - 13:55 INTRODUCTION TO OBESITY-  
PATHOPHYSIOLOGY, RISKS, CANCER RISK,  
ASSOCIATE COMORBIDITIES  
Speaker: Dr. Joseph Shaban

13:55 - 14:20 PSYCHOLOGY OF OBESITY  
Speaker: Dr. Sandy Van

14:20 - 14:45 PHARMACOTHERAPY FOR TREATMENT  
OF OBESITY  
Speaker: Dr. Marie-Philippe Morin

14:45 - 15:10 SURGICAL TREATMENT OF OBESITY  
Speaker: Dr. Mehran Anvari

15:10 - 15:30 PANEL DISCUSSION

15:30 - 16:00 NUTRITION BREAK

**16:00 - 17:30 PRIMARY HEALTHCARE SYMPOSIUM-PART II**  
Chair: Dr. Stephen Glazer

16:00 - 16:25 FAMILY DOCTORS' INITIATIVE  
Speaker: Dr. Scott Gmora

16:25 - 16:50 NUTRITIONAL CONSIDERATIONS WITH  
OBESITY AND BARIATRIC SURGERY  
Speaker: Mr. Adam Bryant

16:50 - 17:15 PERIOPERATIVE CONSIDERATIONS FOR  
BARIATRIC SURGERY  
Speaker: Dr. Stephen Glazer

17:15 - 17:30 PANEL DISCUSSION



## MOBILE APP

### Canadian Obesity Weekend has gone 'green'!

Organizing and enjoying your time at Canadian Obesity Weekend (CABPS/IFSO-NAC) has just become more convenient with our Conference Mobile App. The App is your resource for all the information pertaining to the Conference being held at the Hilton Toronto Hotel on May 17 - 18, 2019. View the program, bookmark sessions, make notes for your personal schedule, and learn about the speakers and sponsors. The App will also give you all the information about social events and activities and allows you to bookmark them for future reference. Log in to the app and take notes from your tablet/laptop, access your CME Certificate and participate in our survey.

**Watch your inbox for the launch of our Conference Mobile App.**

# PROGRAM

Friday, May 17, 2019

## CABPS/IFSO-NAC CONFERENCE

7:00 - 19:30 REGISTRATION OPEN  
7:00 - 9:00 BREAKFAST

8:00 - 8:05 WELCOME & OPENING REMARKS  
Speaker: Dr. Stephen Glazer

8:05 - 8:15 PRESIDENTIAL ADDRESS  
Speaker: Dr. Laurent Biertho

### PLENARY SESSIONS

8:15 - 9:30 **PEDIATRIC TALK**  
Chair: Dr. Jill Hamilton

8:15 - 8:35 ADOLESCENTS WITH SEVERE OBESITY:  
THEIR PERSPECTIVE ON NEGATIVE  
PEER RELATIONSHIPS  
Speaker: Dr. Alene Toulany

8:35 - 8:55 PREDICTORS OF WEIGHT CHANGES IN  
ADOLESCENTS POST-BARIATRIC SURGERY  
Speaker: Dr. Jill Hamilton

8:55 - 9:15 NUTRITIONAL MANAGEMENT FOR HYPER-  
PHAGIA: TAMING THE HUNGER MONSTER  
Speaker: Ms. Alissa Steinberg, RD

9:15 - 9:30 PANEL DISCUSSION

9:30 - 10:30 **DUODENAL SWITCH**  
Co-Chairs: Drs. Michel Gagner &  
Amin Andalib

9:30 - 9:45 PREVENTING NUTRITIONAL DEFICIENCIES  
AFTER DUODENAL SWITCH  
Speaker: Mr. Adam Bryant

9:45 - 10:00 ADDRESSING SURGICAL COMPLICATIONS  
AFTER DS  
Speaker: Dr. Nicole Kolosavari

10:00 - 10:15 CONTROVERSIES SURROUNDING  
SINGLE-ANASTOMOSIS DS  
Speaker: Dr. Amin Andalib

10:15 - 10:30 PANEL DISCUSSION

10:30 - 10:55 NUTRITION BREAK

10:55 - 11:30 **KEYNOTE ADDRESS**  
ADDRESSING OBESITY WILL SAVE  
HEALTHCARE: BARIATRIC COLLABORATION  
IN ACTION  
Speaker: Dr. John Morton, ASMBS, IFSO-NAC

### PLENARY SESSIONS

11:30 - 12:30 **UNCOMMON NUTRITIONAL DEFICIENCIES  
POST GASTRIC BYPASS**  
Co-Chairs: Drs. Maria Tiboni and Christopher Still

## CABPS/IFSO-NAC CONFERENCE

11:30 - 11:45 IRON DEFICIENCY  
Speaker: Dr. Maria Tiboni

11:45 - 12:00 ABSORPTION ALTERNATIONS POST  
BARIATRIC SURGERY  
Speaker: Dr. Christopher Still

12:00 - 12:15 CASE STUDY: NAME THAT DEFICIENCY  
Speaker: Dr. David Harris

12:15 - 12:30 PANEL DISCUSSION

12:30 - 13:30 INDUSTRY SPONSORED LUNCH SYMPOSIUM:  
MEDICAL TREATMENT OF OBESITY:  
IMPLEMENTING PRACTICAL THERAPIES  
INTO CLINICAL PRACTICE  
Speaker: Dr. Christopher Still  
Moderator: Dr. Stephen Glazer

### CONCURRENT SESSIONS

13:30 - 15:30 **INTERNAL MEDICINE TALKS**  
Co-Chairs: Drs. David Lau and Tony Chetty

13:30 - 13:55 CARDIOLOGY AND OBESITY  
Speaker: Dr. Marie-Philippe Morin

13:55 - 14:20 THE MECHANISMS OF WEIGHT LOSS  
FOLLOWING BARIATRIC SURGERY  
Speaker: Dr. David Lau

14:20 - 14:45 OBESITY MANAGEMENT IN TYPE 1 DIABETES  
Speaker: Dr. Tony Chetty

14:45 - 15:10 OBESITY AND ENDOCRINE [NOT DM] IMPACT  
Speaker: Dr. Heidi Dutton

15:10 - 15:30 PANEL DISCUSSION

13:30 - 15:30 **ERAS IN BARIATRIC SURGERY**  
Chairs: Drs. John Morton and Pierre Garneau

13:30 - 13:55 ERAS: THE RATIONALE  
Speaker: Dr. Francois Julien

13:55 - 14:20 PATIENT SELECTION AND PREPARATION  
Speaker: Dr. Radu Pescarus

14:20-14:45 INTRA-OPERATIVE CONSIDERATIONS  
Speaker: Dr. Pierre Garneau

14:45 - 15:10 POST-OPERATIVE PROTOCOLS FOR  
EARLY DISCHARGE  
Speaker: Dr. Annie Lafortune

15:10 - 15:30 PANEL DISCUSSION

13:30 - 15:30 **MENTAL HEALTH SESSION: ADVANCES IN  
MANAGING EATING DISORDERS IN OBESITY  
AND BARIATRIC SURGERY**  
Chair: Dr. Sanjeev Sockalingam

13:30 - 13:55 SUSTAINED HEALTH BEHAVIOUR CHANGES:  
EXAMINATION OF ACCEPTANCE AND  
COMMITMENT THERAPY IN THE TREATMENT  
OF OBESITY  
Speaker: Dr. Dayna Lee-Baggley, PhD

# PROGRAM

Friday, May 17, 2019

## CABPS/IFSO-NAC CONFERENCE

- 13:55 - 14:20 EATING PSYCHOPATHOLOGY IN BARIATRIC SURGERY PATIENTS: ASSESSING TYPES, SEVERITY AND IMPACT ON SURGICAL OUTCOMES  
Speaker: Dr. Susan Wnuk
- 14:20 - 14:45 TREATING BINGE EATING IN SEVERE OBESITY: PHARMACOLOGICAL AND OTHER NOVEL THERAPIES  
Speaker: Dr. Sanjeev Sockalingam
- 14:45 - 15:10 TREATING SEVERE EATING DISORDERS IN POST-BARIATRIC PATIENTS  
Speaker: Dr. Sarah Royal
- 15:10 - 15:30 PANEL DISCUSSION
- 13:30 - 15:30 NUTRITION TALKS**  
Chair: Ms. Jennifer Brown, MSc. RD
- 13:30 - 13:55 SCREENING FOR MALNUTRITION IN BARIATRIC PATIENTS  
Speaker: Ms. Roshni John, RD
- 13:55 - 14:20 COMPARISON OF LOW CALORIC SOLID AND LIQUID DIETS PRIOR TO BARIATRIC SURGERY: A PILOT OBSERVATIONAL DESCRIPTIVE STUDY  
Speaker: Dr. Nooshin Alizadeh-Pasdar, PhD
- 14:20 - 14:45 MEDICAL NUTRITION THERAPY USING MEAL REPLACEMENTS AND MEDICATIONS  
Speaker: Ms. Danielle Aldous, RD
- 14:45 - 15:10 BARIATRIC NUTRITION CASE STUDY: PREPARING A PATIENT FOR SURGERY WITH PHENYLKETONURIA (PKU)  
Speaker: Ms. Michelle Mountain, RD
- 15:10 - 15:30 PANEL DISCUSSION
- 15:30 - 16:00 NUTRITION BREAK
- 16:00 - 17:30 METABOLIC SURGERY - ACCEPTED ABSTRACTS**  
Co-Chairs: Drs. Mehran Anvari and François Julien
- 16:00 - 16:08 OUTCOMES FROM EXPLANTATION OF LAPAROSCOPIC ADJUSTABLE GASTRIC BAND: EXPERIENCE FROM A CANADIAN BARIATRIC CENTRE OF EXCELLENCE  
Presenter: Dr. Shannon Stogryn, MB BS
- 16:08 - 16:16 LONG-TERM OUTCOMES OF LAPAROSCOPIC ONE-STEP REVISION OF FAILED ADJUSTED GASTRIC BANDING TO GASTRIC SLEEVE: A RETROSPECTIVE REVIEW OF 101 CONSECUTIVE PATIENTS  
Presenter: Dr. Theodoros Thomopoulo, MD

## CABPS/IFSO-NAC CONFERENCE

- 16:16 - 16:23 INTERVENTIONAL RADIOLOGY OPTIONS FOR BILIARY STONE CLEARANCE IN BARIATRIC PATIENTS  
Presenter: Dr. Sebastian Mafeld, MD
- 16:23 - 16:31 LAPAROSCOPIC RE-SLEEVE GASTRECTOMY AS TREATMENT OF WEIGHT LOSS FAILURE AFTER BILIOPANCREATIC DIVERSION  
Presenter: Dr. François Julien, MD
- 16:31 - 16:39 OUTCOMES OF BARIATRIC SURGERY IN ELDERLY PATIENTS: A COHORT-STUDY WITH THREE-YEAR FOLLOW-UP  
Presenter: Dr. Vanessa Boudreau, MD
- 16:39 - 16:47 ROUX-EN-Y GASTRIC BYPASS VS. VERTICAL SLEEVE GASTRECTOMY: LONG-TERM SURGICAL OUTCOMES  
Presenter: Dr. Vanessa Boudreau, MD
- 16:47 - 16:55 CONVERSION OF SLEEVE GASTRECTOMY IN SINGLE ANASTOMOSIS DUODENAL SWITCH VS GASTRIC BYPASS FOR WEIGHT REGAIN  
Presenter: Dr. Michelle Podetta, MD
- 16:55 - 17:03 LAPAROSCOPIC PARAESOPHAGEAL HERNIA REPAIR COMBINED TO BARIATRIC SURGERY: EXPERIENCE OF A SINGLE CENTER  
Presenter: Dr. Anne-Sophie Studer, MD
- 17:03 - 17:11 REVISIONAL SURGERY RESULTS AFTER SLEEVE GASTRECTOMY. A RETROSPECTIVE COHORT STUDY COMPARING GASTRIC BYPASS, RE-SLEEVE, 2ND STAGE DUODENAL SWITCH, AND SINGLE ANASTOMOSIS DUODENO-ILEAL BYPASS  
Presenter: Dr. Ali Aboalsaud, MD
- 17:11 - 17:19 CONVERSION SURGERY FOLLOWING SLEEVE GASTRECTOMY  
Presenter: Dr. Dimitry Terterov, MD
- 17:19 - 17:30 PANEL DISCUSSION
- 16:00 - 17:35 BARIATRIC MEDICINE - ACCEPTED ABSTRACTS**  
Co-Chair: Dr. Judy Shiau
- 16:00 - 16:08 PEDIATRICIANS' PERCEPTIONS OF BARIATRIC SURGERY FOR ADOLESCENTS LIVING WITH SEVERE OBESITY  
Presenter: Ms. Biagina-Carla Farnesi, MSc.
- 16:08 - 16:16 ROUX-EN-Y GASTRIC BYPASS VS. VERTICAL SLEEVE GASTRECTOMY FOR DIABETIC PATIENTS: FIVE-YEAR OUTCOMES  
Presenter: Dr. Vanessa Boudreau, MD
- 16:16 - 16:24 COMPLETE RESOLUTION OF NONALCOHOLIC FATTY LIVER DISEASE AFTER BARIATRIC SURGERY: A SYSTEMATIC REVIEW AND META-ANALYSIS  
Presenter: Mr. Yung Lee, BHSc.

# PROGRAM

Friday, May 17, 2019

## CABPS/IFSO-NAC CONFERENCE

- 16:24 - 16:32 UNEXPECTED HISTOPATHOLOGICAL FINDINGS AFTER SLEEVE GASTRECTOMY  
Presenter: Dr. Adam Di Palma, MD
- 16:32 - 16:40 PREDICTORS OF ATTRITION AFTER REFERRAL FOR BARIATRIC SURGERY IN A PUBLICLY FUNDED REGIONALIZED CENTER OF EXCELLENCE SYSTEM  
Presenter: Dr. Aristithes Doumouras, MD
- 16:40 - 16:48 A LONGITUDINAL ANALYSIS OF WAIT TIMES IN A PUBLICLY FUNDED, REGIONALIZED BARIATRIC CARE SYSTEM  
Presenter: Ms. Samantha Albacete
- 16:48 - 16:56 RESOLUTION OF SLEEP APNEA AFTER BARIATRIC SURGERY  
Presenter: Dr. Babak Katiraei, MD
- 16:56 - 17:04 PRE-OPERATIVE H. PYLORI SCREENING AND TREATMENT IN PATIENTS UNDERGOING LAPAROSCOPIC SLEEVE GASTRECTOMY  
Presenter: Dr. Adam Di Palma, MD
- 17:04 - 17:12 LONGITUDINAL COMPARISON OF THE EFFECT OF GASTRIC BYPASS TO SLEEVE GASTRECTOMY ON LIVER FUNCTION IN A BARIATRIC COHORT: TEHRAN OBESITY TREATMENT STUDY (TOTS)  
Presenter: Dr. Seyed Mohammad Ali Kalantar Motamedi, MD
- 17:12 - 17:20 ASSESSING THE RISK OF ESOPHAGEAL NEOPLASIA FOLLOWING SLEEVE GASTRECTOMY: A STUDY USING QUEBEC ADMINISTRATIVE DATA  
Presenter: Dr. Philippe Bouchard, MD
- 17:20 - 17:28 ENDOSCOPIC EVALUATION FIVE YEARS FOLLOWING SLEEVE GASTRECTOMY  
Presenter: Dr. Michele Podetta, MD
- 17:28 - 17:35 PANEL DISCUSSION
- 16:00 - 17:35 MENTAL HEALTH - ACCEPTED ABSTRACTS**  
Co-Chairs: Dr. Sandy Van and Ms. Samantha Leung
- 16:00 - 16:08 RANDOMIZED CONTROLLED TRIAL OF A PHYSICAL ACTIVITY PRESCRIPTION (PARX) TO IMPROVE PHYSICAL ACTIVITY (PA) AND QUALITY OF LIFE POST BARIATRIC SURGERY  
Presenter: Ms. Wei Wang, NP
- 16:08 - 16:16 COMPARISON OF THE EFFECT OF GASTRIC BYPASS AND SLEEVE GASTRECTOMY ON IMPROVEMENT IN DEPRESSION SCORE IN A COHORT: TEHRAN OBESITY TREATMENT STUDY (TOTS)  
Presenter: Dr. Behzad Jodeiri, MD
- 16:16 - 16:24 PREDICTORS OF RESPONSE TO TELEPHONE-BASED COGNITIVE BEHAVIORAL THERAPY IN BARIATRIC SURGERY PATIENTS  
Presenter: Ms. Kenya A Costa-Dookha, BSc.

## CABPS/IFSO-NAC CONFERENCE

- 16:24 - 16:32 IMPLEMENTATION SCIENCE: TRAINING HEALTHCARE PROVIDERS IN OBESITY MANAGEMENT  
Presenter: Dr. Dayna Lee-Baggley, PhD
- 16:32 - 16:40 METABOLIC OUTCOMES AFTER BARIATRIC SURGERY FOR INDIGENOUS PATIENTS IN ONTARIO  
Presenter: Ms. Olivia Lovrics, MSc.
- 16:40 - 16:48 PROSPECTIVE STUDY OF ATTACHMENT AS A PREDICTOR OF EATING PATHOLOGY AND WEIGHT LOSS TWO YEARS AFTER BARIATRIC SURGERY  
Presenter: Ms. Samantha Leung, MSc.
- 16:48 - 16:56 IMPACT ON 30-DAY POST-OP OUTCOMES OF TIMELY DISCHARGE EDUCATION FOR BARIATRIC SURGERY PATIENTS  
Presenter: Ms. Patti Kastanias, NP
- 16:56 - 17:04 PERCEPTIONS OF BARRIERS TO EFFECTIVE OBESITY MANAGEMENT IN CANADA: RESULTS FROM THE ACTION STUDY  
Presenter: Dr. Arash Pakseresht, MD
- 17:04 - 17:12 IMPACT OF LIRAGLUTIDE ON WEIGHT MAINTENANCE FOLLOWING LOW CALORIE MEAL REPLACEMENT IN THE CLINICAL SETTING: A RETROSPECTIVE STUDY  
Presenter: Dr. Adell Elsharif, MD
- 17:12 - 17:19 CAN A MOBILE APP FOR POST BARIATRIC SURGERY PATIENTS HELP TO ADDRESS CONCERNS AND REDUCE CALLS TO NURSES?  
Presenter: Ms. Patti Kastanias, NP
- 17:19 - 17:27 PROTEIN-CALORIE MALNUTRITION REQUIRING REVISIONAL SURGERY AFTER MINI/ONE-ANASTOMOSIS GASTRIC BYPASS: TEHRAN OBESITY TREATMENT STUDY (TOTS)  
Presenter: Dr. Seyed Mohammad Ali Kalantar Motamedi, MD
- 17:27 - 17:35 PANEL DISCUSSION
- 16:00 - 17:30 ALLIED HEALTH TALKS**  
Chair: Ms. Jennifer Brown, RD
- 16:00-16:20 ALCOHOL USE POST-SURGERY  
Speaker: Dr. Sabreena Chohan
- 16:20 - 16:40 SEXUAL HEALTH AND MARITAL CHANGES AFTER SURGERY  
Speaker: Ms. Shawna McCusker
- 16:40 - 17:00 SUPPORT GROUPS  
Speaker: Ms. Andrea Millard
- 17:00 - 17:20 WEIGHT ACCEPTANCE/EXPECTATIONS  
Speaker: Ms. Tanya Costantini
- 17:20 - 17:30 PANEL DISCUSSION
- 17:30 - 21:00 PRESIDENT'S THROWBACK TO THE 80'S PARTY**

# PROGRAM

Saturday, May 18, 2019

## CABPS/IFSO-NAC CONFERENCE

7:00 - 11:00	REGISTRATION OPEN
7:00 - 8:30	BREAKFAST
7:30 - 8:20	CABPS ANNUAL GENERAL MEETING (Breakfast Meeting)
<b>8:30 - 9:45</b>	<b>DEBATES</b> Co-Chair: Drs. Mehran Anvari and Amy Neville
8:30 - 8:50	DUODENAL SWITCH: SHOULD WE STILL DO DS AS A FIRST STAGE SURGERY? <b>PRO:</b> Speaker: Dr. Dennis Hong <b>CON:</b> Speaker: Dr. Michel Gagner
8:50 - 9:10	IS FOOD ADDICTION READY FOR USE IN OBESITY PROGRAMS TODAY? <b>PRO:</b> Speaker: Dr. Sean Wharton <b>CON:</b> Speaker: Dr. Stephanie Cassin
9:10 - 9:30	QUALITY OF LIFE IS IMPROVED POST BARIATRIC SURGERY <b>THE GOOD:</b> Speaker: Dr. Paul Posner <b>THE BAD:</b> Speaker: Ms. Sarah Nutter, PhD Candidate
9:30 - 9:45	PANEL DISCUSSION
<b>9:45 - 11:00</b>	<b>BARIATRIC SURGERY AS A WAY TO RESTORE VASCULAR POTENTIAL</b> Co-Chairs: Drs. David Hess and David Lau
9:45 - 10:00	STEM CELLS 101: WHAT SURGEONS SHOULD KNOW ABOUT CIRCULATING VASCULAR PROGENITOR CELL EXHAUSTION Speaker: Dr. David Hess, PhD
10:00 - 10:15	CIRCULATING PRO-VASCULAR PROGENITOR CELL DEPLETION AND RECOVERY DURING TYPE 2 DIABETES Speaker: Ms. Daniella Terenzi

## CABPS/IFSO-NAC CONFERENCE

10:15 - 10:30	IMPACT OF BARIATRIC SURGERY ON CIRCULATING INFLAMMATORY AND PRO-VASCULAR PROGENITOR CELL POPULATIONS Speaker: Mr. Justin Trac
10:30 - 10:45	PANEL DISCUSSION
10:45 - 11:15	NUTRITION BREAK
<b>11:15 - 12:05</b>	<b>YEAR IN REVIEW</b> Co-Chairs: Drs. Sharadh Sampath and John Hagen
11:15 - 11:25	SURGERY Speaker: Dr. Aristithes Doumouras
11:25 - 11:35	MENTAL HEALTH Speaker: Mr. Vincent A. Santiago, PhD Candidate
11:35 - 11:45	MEDICINE Speaker: Dr. Judy Shiao
11:45 - 11:55	ALLIED HEALTH: NUTRITION PAPER Speaker: Ms. Danielle Aldous
11:55 - 12:05	PANEL DISCUSSION
12:05 - 12:45	KEYNOTE ADDRESS: INADEQUATE WEIGHT LOSS AND WEIGHT REGAIN AFTER SURGERY. DID THE SURGERY FAIL? DID THE PATIENT FAIL? Speaker: Dr. Donna Ryan
<b>12:45 - 13:25</b>	<b>CONTROVERSIES IN OBESITY</b> Co-Chairs: Drs. Stephen Glazer and Laurent Biertho
12:45 - 13:00	CAFFEINE, CARBONATION AND ALCOHOL Speaker: Ms. Claudia De Simone
13:00 - 13:15	COMPOUNDING MEDICINE IN BARIATRICS Speaker: Dr. David Harris
13:15 - 13:25	PANEL DISCUSSION
13:25 - 13:30	CLOSING REMARKS Speakers: Drs. Laurent Biertho, Stephen Glazer

# CME ALERT!

## CONTINUING MEDICAL EDUCATION

This event is a Section 2 Self-Learning activity as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

Each hour is equal to two (2) Section 2 credits. Each project must be documented, and records kept for credit validation.

Section 2  
credits  
apply for this  
conference.

SOCIAL EVENT

YOU'RE INVITED!

THROWBACK  
TO THE

DOOR  
PRIZE  
@ 8:00PM

80's

PARTY!

**Includes:** DJ  
Entertainment,  
Hors' d'oeuvres,  
Buffet Dinner,  
Bar and Draw  
Prizes.

FRIDAY, MAY 17, 2019 | 5:30 PM  
Hilton Toronto Hotel  
145 Richmond Street West, Toronto, ON  
Pre-registration required @ cabpps.ca

**Dress Code:**  
Come dressed  
in your 80's best!

Recapture your youth and go back to the days of leg warmers, muscle shirts, big earrings and big hair. **Let's get physical** to the great music of the 80's while you network with colleagues and friends over a sumptuous meal. **Get footloose** and celebrate the best decade yet! Join us for a totally awesome 80's party. So bring a date and don't be late! You can't afford to miss it!



L'ASSOCIATION CANADIENNE  
des MEDECINS et CHIRURGIENS BARIATRIQUES

The CANADIAN ASSOCIATION OF  
BARIATRIC PHYSICIANS and SURGEONS

# SUPPORT SOCIAL CONSCIOUSNESS!

## Raffle Tickets, Raffle Tickets!

Purchase a raffle ticket during the Conference for an opportunity to win fantastic prizes during the President's Throwback to the 80's Party!

CABPS is a socially conscious organization and we try to help in whatever way we can in our community. Investing in a child's future is an easy task with so much reward. Not only are you helping to fight hunger in our own backyard, but also you will be helping to free children and their families from poverty. Hunger can undermine healthy growth and development and leave its mark across the lifespan. Your small investment in a child's life can have a powerful impact. Participate in our raffle for a chance to win a prize which will be drawn at the President's Throwback to the 80's Party. Proceeds from this raffle will be donated to the Daily Bread Food Bank. Visit the CABPS onsite registration desk for ticket prices, and draw prizes.

So...bring your cheque book and generosity.



## VISIT OUR SPONSORS

Delegates are encouraged to visit the exhibits in the Exhibit Hall and view the latest developments in the field.

## HELPFUL HINTS AND INFORMATION



### Conference Registration

You may register online at the conference website [cabps.ca/Conference2019](http://cabps.ca/Conference2019) or download the registration form and send it to the Conference office by fax or e-mail.



### Continuing Medical Education

Continuing Education Certificates will be available to delegates at the end of each day. For links, visit the conference mobile app.



### Hotel

The special hotel rates will be in effect three days pre- and post-conference.

The hotel has two restaurants, a sauna, a 24-hour gym with change room, an indoor and outdoor pool and complimentary wi-fi.



### Conference Dress Code

For all conference activities, the acceptable dress code will be business casual.



### Important Times

**The Conference Registration Desk is open at the following times:**

**Friday, May 17, 2019:** 7:00 am – 8:30 pm

**Saturday, May 18, 2019:** 7:00 am – 1:30 pm

**The Conference Exhibit Hours are as follows:**

**Friday, May 17, 2019:**

10:30 am – 10:55 am

3:30 pm – 4:00 pm

5:30 pm – 8:30 pm

**Saturday, May 18, 2019:**

10:45 am – 11:15 am

**The Posterboard Viewing Times are as follows:**

**Friday, May 17, 2019:**

10:30 am – 10:55 am

3:30 pm – 4:00 pm

**Saturday, May 18, 2019:**

10:45 am – 11:15 am

# MARK YOUR CALENDARS NOW!



## CANADIAN OBESITY WEEKEND

MARRIOTT DOWNTOWN TORONTO EATON CENTRE  
525 BAY STREET | TORONTO, ON M5G 2L2



L'ASSOCIATION CANADIENNE  
des MÉDECINS et CHIRURGIENS BARIATRIQUES  
The CANADIAN ASSOCIATION of  
BARIATRIC PHYSICIANS and SURGEONS



**CONFERENCE OFFICE:**

**Canadian Association of Bariatric Physicians and Surgeons**

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