



Joint Obesity Conference of CABPS and ICCDS

CONFERENCE PROGRAM

Canadian Obesity Weekend

MAY 18 - 19, 2018

Palais des Congrès
de Montréal/
Montreal Convention Centre
1001 Place Jean-Paul-Riopelle
Montréal, QC

Endorsed by  ASMBS



L'ASSOCIATION CANADIENNE
des MEDECINS et CHIRURGIENS BARIATRIQUES
The CANADIAN ASSOCIATION of
BARIATRIC PHYSICIANS and SURGEONS

ICCDS
2018 

**May 17-19
2018**

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5th Annual Obesity Conference

3rd International Consensus
Conference on Duodenal Switch



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ICCDS
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MESSAGE FROM THE PRESIDENT



Dear Colleague,

On behalf of the Canadian Association of Bariatric Physicians and Surgeons (CABPS) and the 3rd International Consensus Conference Duodenal Switch (ICCDS2018) it is my pleasure to extend an invitation for you to attend **Canada Obesity Weekend** scheduled for May 17 – 19, 2018 at the Palais des congrès de Montréal. This Conference attracts many of our colleagues in the field of obesity and related disorders, as it provides a good forum to enhance their knowledge of emerging trends. This year we have two pre-conference workshops; one to support our primary care physicians who are passionate about the treatment of obesity and, one for those interested in Duodenal Switch.

The Conference will start with a Pre-Conference Workshop on Duodenal Switch hosted by ICCDS 2018. The workshop will feature **8 live surgeries** from world-leading expert operators, in addition to the **22 renowned international leaders** who will share their expertise on Duodenal Switch and its variants. This will be held concurrently with a workshop supporting Family Doctors in the treatment of obesity with a focus on administering the new drug Contrave.

The two-day CABPS Conference begins on Friday, May 18th and will focus on all aspects of the treatment of obesity and severe obesity. Our program, developed with a multi-disciplinary approach in mind, covers a broad range of topics, which we hope will allow our delegates to take what they have learned back to their respective clinics/practices. This year's Conference will provide an in-depth analysis of bariatric patients and the challenges medical professionals experience leading up to surgery and post-surgery.

We are thrilled to offer delegates the opportunity to engage with their fellow colleagues in a social setting on the Thursday and Friday evenings.

Montreal is a beautiful city known for its culture and gastronomy. We encourage you to extend your stay and enjoy the beauty and charm that it has to offer!

Sincerely,

CANADIAN ASSOCIATION OF BARIATRIC PHYSICIANS AND SURGEONS

Laurent Biertho

Laurent Biertho, MD
President

2018 CONFERENCE PLANNING COMMITTEE

Co-Chair: Michel Gagner, MD, FRCSC, FACS, FASMBS (Montreal)

Co-Chair: Stephen Glazer, MD, FRCPC, FCCP (Toronto)

President: Laurent Biertho, MD (Quebec City)

Members: Jennifer Brown, RD (Ottawa)

Tony Chetty, MSc., MD, (Hamilton)

David C. W. Lau, PhD, MD, FRCPC (Calgary)

Judy Shiau, MD, FRCPC, DipABOM (Ottawa)

Sanjeev Sockalingam, MD, FRCPC, MHPE, FAPM (Toronto)

GENERAL INFORMATION

Conference Information

**Palais des Congrès de Montréal/
Montreal Convention Centre**

1001 Place Jean-Paul-Riopelle

Montréal, QC H2Z 1H5

Tel: (514) 871-8122



The Palais des congrès de Montréal houses versatile and ultramodern facilities for holding conferences, and exhibitions right in the heart of a sustainable destination - the city that hosts the most international conventions in the Americas. Its boasts a unique design, green event packages and award-winning event technologies.

Hotel Information

This year CABPS and ICCDS have decided to allow delegates to make reservations at a hotel of their choice within close proximity of the Palais des Congrès.

Visit the CABPS website for a direct online hotel reservation link.

(cabps.ca/Conference2018/for-delegates/hotel-information)

Getting There



Travel by Air

Most major airlines offer direct flights to Montréal-Pierre Elliott Trudeau International Airport/Aéroport international Pierre-Elliott-Trudeau de Montréal year-round.



Transportation from the Airport

The flat rate for taxis from the airport to hotels in the vicinity of the Convention Centre is approximately \$40 Cdn.



By Train

Travelling by train is a convenient and fascinating way to get to Montréal.

To book call: 1 888 VIA-RAIL (1-888-842-7245) or www.viarail.ca/en



By Bus

Travelling by bus is another convenient way to get to Montreal. **To book call Greyhound Canada at 1-800-661-TRIP (8747) or visit their website www.greyhound.ca.**

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PROGRAM AT A GLANCE

Friday, May 18, 2018

7:00 - 4:00 **REGISTRATION OPEN**
7:00 - 9:00 **BREAKFAST**

8:00 - 8:05 **WELCOME & OPENING REMARKS**
Speaker: Dr. Stephen Glazer

PLENARY SESSIONS

8:05 - 8:15 **PRESIDENTIAL ADDRESS**
Speaker: Dr. Laurent Biertho

8:15 - 9:30 **BARIATRICS IN THE ADOLESCENT
PATIENT**
Chair: Dr. Jill Hamilton

8:15 - 8:35 **Eating Disorders in Adolescents with Obesity**
Speaker: Dr. Elizabeth Dettmer

8:35 - 8:55 **Bariatric Surgery in the Adolescent Patient**
Speaker: Dr. Jacob Langer

8:55 - 9:15 **Personalized Pediatric Obesity Management:
Moving Beyond Canada's Food Guide**
Speaker: Dr. Jill Hamilton

9:15 - 9:30 **Panel Discussion**

9:30 - 10:30 **WEIGHT REGAIN**
Co-Chairs: Drs. Judy Shiao, Louis Aronne

9:30 - 9:45 **Physiology of Weight Regain**
Speaker: Dr. Judy Shiao

9:45 - 10:00 **State of the Art Workup for Weight Regain**
Speaker: Dr. Sean Wharton

10:00 - 10:15 **The Place of New Medications in
Weight Regain**
Speaker: Dr. Louis Aronne

10:15 - 10:30 **Panel Discussion**

10:30 - 10:55 **NUTRITION BREAK**

PLENARY SESSIONS CONTINUED

10:55 - 11:30 **KEYNOTE ADDRESS:**
**Obesity in America: Understanding Barriers
and Misperceptions in Severely Obese Subjects**
Speaker: Dr. Raul Rosenthal, ASMBS

11:30 - 12:30 **OUTCOME OF PREGNANCY IN POST
BARIATRIC PATIENTS**
Chair: Dr. Maria Tiboni

11:30 - 11:45 **Pregnancy Outcomes after Bariatric Surgery
for Mother and Fetus**
Speaker: Dr. Marie-Philippe Morin

11:45 - 12:00 **Nutritional Management During Pregnancy**
Speaker: Ms. Michelle Mountain

12:00 - 12:15 **Long-Term Effects of Maternal Bariatric
Surgery on Offspring - Mother and Fetus**
Speaker: Dr. Jill Hamilton

12:15 - 12:30 **Panel Discussion**

12:30 - 13:30 **INDUSTRY SPONSORED LUNCH
SYMPOSIUM:**
Moderator: Dr. David Macklin
**Update on New Data and Nuances in the
Care of Patients with Saxenda**
Speaker: Professor Luc Van Gaal

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PROGRAM AT A GLANCE

Friday, May 18, 2018

CONCURRENT SESSIONS

- 13:30 - 15:30 INTERNAL MEDICINE TALKS**
Chair: Dr. Stephen Glazer
- 13:30 - 13:55 **Substance Abuse - Alcohol and Marijuana as it Relates to Obesity and Post Gastric Bypass**
Speaker: Dr. Stephen Glazer
- 13:55 - 14:20 **H Pylori: Role and Treatment**
Speaker: Dr. Ali Alshehri
- 14:20 - 14:45 **Consideration in Transplant Patient after Bariatric Surgery**
Speaker: Dr. David Lau
- 14:45 - 15:10 **Kidney Disease in the Obese Patient**
Speaker: Dr. Sarah Chapelsky
- 15:10 - 15:30 **Panel Discussion**

13:30 - 15:30 SURGICAL SESSION - MANAGEMENT OF DIFFICULT CASES

- Co-Chairs: Drs. John Hagen, Sharadh Sampath
- 13:30 - 13:55 **Abdominal Wall Hernia in Severely Obese Subjects**
Speaker: Dr. Raul Rosenthal, ASMBS
- 13:55 - 14:20 **Management of Chronic Abdominal Pain after RYGB**
Speaker: Dr. Amy Neville
- 14:20 - 14:45 **Vomiting after Sleeve**
Speaker: Dr. Ekua Yorke
- 14:45 - 15:10 **Complete Weight Regain after RYGB - Now what?**
Speaker: Dr. Nicolas Christou
- 15:10 - 15:30 **Panel Discussion**

CONCURRENT SESSIONS CONTINUED

- 13:30 - 15:30 MENTAL HEALTH TALKS**
Chair: Dr. Sanjeev Sockalingam
- 13:30 - 13:55 **Update on Suicide and Self-Harm in Bariatric Surgery Assessment and Care**
Speaker: Dr. Susan Wnuk
- 13:55 - 14:20 **Updates on Assessment Tools for Bariatric Surgery Readiness**
Speaker: Dr. Richard Yanofsky
- 14:20 - 14:45 **Accessible CBT for Bariatric Surgery: Updates on Telephone and E-Therapies**
Speaker: Dr. Stephanie Cassin
- 14:45 - 15:10 **Approaches to Binge Eating in Bariatric Surgery Care**
Speaker: Dr. Sanjeev Sockalingam
- 15:10 - 15:30 **Panel Discussion**

13:30 - 15:30 ALLIED HEALTH AND NUTRITION

- Chair: Ms. Jennifer Brown
- 13:30 - 13:55 **Cultural/Ethnic Considerations for Patients Considering Bariatric Surgery**
Speaker: Ms. Racha Zarzour
- 13:55 - 14:20 **Preparing Patients with Renal Disease for Bariatric Surgery**
Speaker: Mr. Alexander McLean, RD
- 14:20 - 14:45 **Vegan Nutrition Within The Field of Bariatric Medicine**
Speaker: Ms. Susan MacFarlane
- 14:45 - 15:10 **Exercise Pre/Post Bariatric Surgery**
Speaker: Ms. Aurelie Baillot
- 15:10 - 15:30 **Panel Discussion**

15:30 - 16:00 **NUTRITION BREAK**

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Friday, May 18, 2018

CONCURRENT SESSIONS CONTINUED

- 16:00 - 17:30 SURGICAL VIDEO SESSION -
WHEN THINGS GO SOUTH**
Co-Chairs: Drs. Simon Marceau,
Pierre Garneau
- 16:00 - 16:15 **When People Go South**
Speaker: Dr. Elaine Lam
- 16:15 - 16:30 **Failed Revision of VBG to GBP**
Speaker: Dr. Pierre Garneau
- 16:30 - 16:45 **Vertical Banded Gastropasty with
Proximal Gastric Resection**
Speaker: Dr. Hala Muaddi
- 16:45 - 17:00 **Quality Complex Cases from Quebec**
Speaker: Dr. François Julien
- 17:00 - 17:30 **Panel Discussion**

- 16:00 - 17:30 ACCEPTED ABSTRACTS SESSION**
Co-Chairs: Drs. Stephen Glazer,
Vanessa Boudreau
- 16:00 - 16:07 **Single Anastomosis Duodeno-ileal Bypass
with Sleeve Gastrectomy (SADI-S): Safety,
Feasibility and Preliminary Short-term
Outcomes from a Single Institution
Prospective Cohort Study**
Speaker: Dr. Philippe Bouchard
- 16:07 - 16:14 **Duodenal Switch for the Management of
Failed Sleeve Gastrectomy: A Matched
Controlled Trial**
Speaker: Dr. François-Charles Malo
- 16:14 - 16:21 **Early Dumping Syndrome with Discordant
Hyperinsulinism after Sleeve Gastrectomy:
Small Case Series**
Speaker: Mr. Shane Tamana

CONCURRENT SESSIONS CONTINUED

- 16:21 - 16:28 **Does Vitamin D deficiency negatively
impact Type 2 Diabetes remission after
bariatric surgery?**
Speaker: Dr. Vanessa Boudreau
- 16:28 - 16:35 **Nonalcoholic Fatty Liver Disease and Liver
Fibrosis in a Bariatric Cohort: Tehran Obesity
Treatment Study (TOTS)**
Speaker: Dr. Mohammad Ali Kalantar Motamedi
- 16:35 - 16:42 **Is Roux-en-Y Gastric Bypass an Effective
Procedure to Treat Mechanical Complications
Post Sleeve Gastrectomy?**
Speaker: Dr. Fabio Garofalo
- 16:42 - 16:49 **A Comparison of Primary Care Resource
Utilization Before and After Bariatric
Surgery in Ontario**
Speaker: Dr. Yaameen Chanda
- 16:49 - 16:56 **Cost Savings of Diabetes Medications
after Gastric Bypass - Analysis from a
Canadian Center**
Speaker: Mr. Shane Tamana
- 16:56 - 17:03 **Endoscopic Removal of an Eroded Gastric
Band - Worth a Try!**
Speaker: Dr. Zvi H. Perry
- 17:03 - 17:10 **Change in Physical Activity and its
Association with Psychosocial Health and
Quality of Life Following Bariatric Surgery**
Speaker: Dr. Melinda Maggiano
- 17:10 - 17:17 **Nutritional Follow-up Post-Sleeve
Gastrectomy: To do or not to do?**
Speaker: Dr. Malek Tabbara
- 17:17 - 17:30 **Panel Discussion**

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Friday, May 18, 2018

CONCURRENT SESSIONS CONTINUED

16:00 - 17:30 MENTAL HEALTH - ACCEPTED PAPERS

Chair: Dr. Sanjeev Sockalingam

16:00 - 16:15 Updates on Psychiatric Disorders Impacting Bariatric Surgery Outcomes

Speaker: Dr. Sarah Royal

16:15 - 16:30 Evidence for Mindful Eating Techniques after Bariatric Surgery: A Primer

Speaker: Dr. Susan Wnuk

16:30 - 16:45 Approaches to Psychiatric Medication Use in Bariatric Surgery Patients

Speaker: Dr. Richard Yanofsky

16:45 - 17:00 Ethical Considerations with the Diagnosis of Food Addiction

Speaker: Dr. Stephanie Cassin

17:00 - 17:30 Panel Discussion

16:00 - 17:30 ALLIED HEALTH AND NUTRITION

Chair: Ms. Jennifer Brown

16:00-16:20 Preparing Patients for Conversion Surgeries (Considerations for dietitians and allied health.)

Speaker: Ms. Stephanie Kirsic

16:20 - 16:40 Development and Planning for Weight Regain at your Clinic (A systematic approach to meeting our patient's and clinic needs.)

Speaker: Ms. Aspen Viets

16:40 - 17:00 Bariatric Dietetic Private Practice - How to support patients not part of a bariatric program

Speaker: Ms. Monica Bashaw

17:00 - 17:20 Using Meal Replacements in Patients after Bariatric Surgery

Speaker: Mr. Ryan Stallard

17:20 - 17:30 Panel Discussion

CONCURRENT SESSIONS CONTINUED

17:30 - 19:00 PRESIDENT'S RECEPTION

DISCOVER MONTRÉAL



**Wondering what to do,
where to eat in Montreal?**



**Visit the Montreal Tourism
web site for more information.**



www.mtl.org/en



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PROGRAM AT A GLANCE

Saturday, May 19, 2018

7:00 - 11:00 **REGISTRATION OPEN**

7:00 - 8:30 **BREAKFAST**

7:30 - 8:20 **CABPS ANNUAL GENERAL MEETING**

(Breakfast Meeting)

PLENARY SESSIONS

8:30 - 10:00 **DEBATES**

Co-Chairs: Drs. Stephen Glazer, Mehran Anvari

8:30 - 9:00 **Routine Vitamin Supplementation after Bariatric Surgery**

PRO: Speaker: Mr. Adam Bryant

CON: Speaker: Dr. Joseph Shaban

9:00 - 9:30 **Are we doing too many bariatric surgeries?**

PRO: Speaker: Dr. David Lau

CON: Speaker: Dr. Nicolas Christou

9:30 - 10:00 **The Gold Standard in Bariatric Surgery: Sleeve versus RYGB**

Sleeve: Speaker: Dr. Michel Gagner

RYGB: Speaker: Dr. Mehran Anvari

10:00 - 10:10 **Panel Discussion**

10:10 - 11:00 **YEAR IN REVIEW: BEST ABSTRACTS**

Chair: Dr. David Lau

10:10 - 10:20 **Bariatric Surgery vs Intensive Medical Therapy for Diabetes: Five-Year Outcomes**

Speaker: Dr. Vanessa Boudreau

10:20 - 10:30 **A Tale of Two Treatments: Updates on Practical Management of Binge Eating Disorder**

Speaker: Dr. Richard Yanofsky

10:30 - 10:40 **Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomized trial**

Speaker: Dr. Mirna Azar

10:40 - 10:50 **2017 Nutrition and Bariatric Surgery Abstract Review**

Speaker: Ms. Roshni John

10:50 - 11:00 **Panel Discussion**

PLENARY SESSIONS CONTINUED

11:00-11:30 **NUTRITION BREAK**

11:30-13:00 **CANCER AND WEIGHT LOSS SURGERY**

Co-Chairs: Drs. Stephen Glazer, Michel Gagner

11:30 - 11:50 **The Link Between Obesity and Cancer**

Speaker: Dr. David Macklin

11:50 - 12:10 **Mechanisms of Cancer Reduction after Weight Loss Surgery**

Speaker: Dr. Tony Chetty

12:10 - 12:30 **Long-term Impact of Bariatric Surgery on Cancer Incidence**

Speaker: Dr. Alfons Pomp

12:30 - 12:50 **Treatment of Malignancy after Bariatric Surgery**

Speaker: Dr. Olivier Court

12:50 - 13:00 **Panel Discussion**

13:00 - 13:05 **CLOSING REMARKS**

Speakers: Drs. Laurent Biertho,
Michel Gagner, Stephen Glazer

CME ALERT!

**Section 2
credits,
apply for this
conference.**

PRESIDENT'S *Reception*

JOIN US
FOR WHAT PLANS TO BE A
SPECTACULAR EVENING WITH THE
OPPORTUNITY TO NETWORK
WITH FRIENDS AND COLLEAGUES
WHILE ENJOYING
THE VIEW OF MONTRÉAL.
YOU DON'T WANT TO MISS IT!

PALAIS DES CONGRÈS
FRIDAY, MAY 18, 2018
5:30PM - 7:00PM



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PRE-REGISTRATION IS REQUIRED.

HELPFUL HINTS AND INFORMATION



Conference Registration

You may register online at the conference website cabps.ca/Conference2018 or download the registration form and send it to the conference office by fax or email.



Hotel

This year CABPS and ICCDS have decided to allow delegates to make reservations at a hotel of their choice within close proximity of the Palais des Congrès. Please feel free to contact the hotels directly to make reservations that best suit your needs for our Conference. Recommended hotels within close proximity to the convention center are listed on the conference website: cabps.ca/conference2018



Conference Dress Code

For all conference activities, the acceptable dress code will be business casual.



Things to do in Montréal

Visit our website at cabps.ca/Conference 2018 and go to the **Welcome to Montréal** page for information on things to do, places to go and where to eat.

SAVE THE DATE

MARK YOUR CALENDARS NOW FOR THIS CABPS EVENT



Canadian Obesity Weekend

Joint conference between
CABPS and IFSO NAC

May 17-18, 2019

Hilton Toronto
145 Richmond Street West
Toronto, ON CANADA



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CABPS.CA