



# OBESITY IN CANADA – PREVENTION TO TREATMENT

1st Annual Conference In Conjunction With OBN & CMAS



L'ASSOCIATION CANADIENNE  
des MEDECINS et CHIRURGIENS BARIATRIQUE

The CANADIAN ASSOCIATION of  
BARIATRIC PHYSICIANS and SURGEONS



JUNE 8 – 9, 2012

DELTA MEADOWVALE HOTEL  
AND CONFERENCE CENTRE  
MISSISSAUGA, ON

## CONFERENCE PROGRAM

Friday, June 8, 2012

7:00 am – 4:30 pm **REGISTRATION**

7:00 am – 9:00 am **BREAKFAST**

8:00 am – 8:15 am **WELCOME AND OPENING REMARKS**

*Speaker:* Drs. Mehran Anvari & Laurent Biertho

### PLENARY SESSION

8:15 am – 10:15 am **OBESITY EPIDEMIC IN CANADA**

*Co-Chairs:* Drs. David Lau, Simon Marceau

8:15 am **Provision of Bariatric Medical Care**

*Speaker:* Dr. Robert Dent

8:35 am **Access to Bariatric Surgery in Canada**

*Speaker:* Dr. Nicolas Christou

8:55 am **Obesity in Children and Adolescent**

*Speaker:* Dr. Jill Hamilton

9:15 am **Economic Impact of Obesity**

*Speaker:* Mr. Arindam Ghosh

9:35 am **Barriers To Addressing Canada's Obesity Problem**

*Speaker:* Dr. Arya Sharma

9:55 am **Panel Discussion**

10:15 am – 10:35 am **NUTRITION BREAK**

10:40 am – 11:00 am **PRESIDENTIAL ADDRESS**

*Speaker:* Dr. Mehran Anvari

### PLENARY SESSION

11:00 am – 12:30 pm **NEED FOR COMPREHENSIVE CANADIAN STRATEGY**

*Co-Chairs:* Drs. Stephen Glazer, Mervyn Deitel

11:00 am **Role of the Federal Government**

*Speaker:* Dr. Hasan Hutchinson

11:20 am **Role of the Provincial Governments**

*Speaker:* Ms. Brenda Gluska

11:40 am **How Can Academic and Healthcare Institutions Support It?**

*Speaker:* Ms. Anne Marie MacDonald

12:00 pm **Public Education**

*Speaker:* Dr. Katherine Morrison

12:20 pm **Panel Discussion**

12:30 pm – 1:30 pm **LUNCH**

### CONCURRENT SESSIONS

1:30 pm – 3:30 pm **BARIATRIC SURGERY: VIDEO SESSION AND INVITED PRESENTATIONS**

*Co-Chairs:* Drs. Joseph Mamazza, Sharadh Sampath

1:30 pm **Sleeve Gastrectomy: Technique and Pitfalls**

*Speaker:* Dr. Dennis Hong

1:50 pm **Abstract Video Presentations**

4:43 - Video 1: Conversion of RYGB to Sleeve Gastrectomy

*Speaker:* Dr. Dennis Hong

7:21 - Video 2: Revision of Gastrojejunostomy Strictures After RYGB

*Speaker:* Dr. Chris Smith

7:53 - Video 3: Laparoscopic Gastric Bypass and Subtotal Gastrectomy for Gastric Maltoma

*Speaker:* Dr. Eric Marcotte

2:10 pm **Laparoscopic Duodenal Switch**

*Speaker:* Dr. Laurent Biertho

2:30 pm **Failure After Gastric Banding – Revision Versus Conversion**

*Speaker:* Dr. Miguel Herrera

2:50 pm **Weight Gain After Sleeve Gastrectomy: What are the options?**

*Speaker:* Dr. Timothy Jackson

3:10 pm **Panel Discussion**

1:30 pm – 3:30 pm **BARIATRIC MEDICINE**

*Co-Chairs:* Drs. Maria Tiboni, Stephen Glazer

1:30 pm **Endocrine Causes of Obesity**

*Speaker:* Dr. David Lau

1:50 pm **Genetics and Obesity**

*Speaker:* Dr. Louis Perusse

2:10 pm **The Cardiovascular Risk Factor**

*Speaker:* Dr. Sean Wharton

2:30 pm **Obstructive Sleep Apnea in the Preoperative Obese Patient: Is it Worth Testing For?**

*Speaker:* Dr. Maria Tiboni

2:50 pm **International Diabetes Federation Guidelines and Surgery: Does it Change Anything?**

*Speaker:* Dr. Sue Pedersen

3:10 pm **Panel Discussion**



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## CONFERENCE PROGRAM

Friday, June 8, 2012

### 1:30 pm – 3:30 pm MENTAL HEALTH

**Co-Chairs:** Drs. Valerie Taylor, Sanjeev Sockalingam

- 1:30 pm Update on the Behavioral Therapies in the Obese Patient  
**Speaker:** Dr. Robert Dent
- 2:00 pm Psychological Issues After Massive Weight Loss  
**Speaker:** Dr. Sanjeev Sockalingam
- 2:30 pm Psychological Issues in the Obese Patient: Depression, Suicide and Addictions  
**Speaker:** Dr. Brian Stonehocker
- 3:00 pm **Panel Discussion**

### 1:30 pm – 3:30 pm ALLIED HEALTH AND NUTRITION

**Co-Chairs:** Ms. Tammy Eborall, Ms. Sue Ekserci

- 1:30 pm Diets: What works and for who?  
**Speaker:** Ms. Sue Ekserci
- 1:55 pm Vitamin and Mineral Supplementation After Bariatric Surgery  
**Speaker:** Mr. Adam Bryant
- 2:20 pm Preoperative Bariatric Assessment  
**Speaker:** Ms. Nathalie Turgeon
- 2:45 pm Pre and Postoperative Diabetes Management  
**Speaker:** Ms. Tammy Eborall
- 3:10 pm **Panel Discussion**

### 3:30 pm – 3:45 pm NUTRITION BREAK

### CONCURRENT SESSIONS

### 3:45 pm – 5:30 pm BARIATRIC SURGERY (ACCEPTED PAPERS)

**Co-Chairs:** Drs. Olivier Court, Samaad Malik

- 3:45 pm Monitoring the Success of a Provincial Bariatric Program  
**Presenter:** Dr. Mehran Anvari
- 3:57 pm Is Early Discharge of Patients Post Laparoscopic Roux en Y Gastric Bypass Safe?  
**Presenter:** Dr. Balpreet Brar
- 4:05 pm Effect of Roux-en-Y Gastric Bypass and Ileal Transposition Surgeries on Skeletal Muscle Glucose and Lipid Metabolism in Rats  
**Presenter:** Dr. Adel Pezeshki
- 4:12 pm Conversion of Failed Adjustable Gastric Banding to Duodenal Switch: Matched-Controlled Trial  
**Presenter:** Dr. Abdullah Almassod
- 4:24 pm Sleeve Gastrectomy in the Super-Super Morbidly Obese (BMI >60 kg/m<sup>2</sup>): A Canadian Experience  
**Presenter:** Dr. Raad Fayed

### 4:35 pm Economic Impact of Bariatric Surgery

**Presenter:** Dr. Ronald Eliosoff

### 4:47 pm Evaluation of the SickKids Team Obesity Management Program (STOMP): BMI Outcomes at 6 and 12 months

**Presenter:** Dr. Paola Luca

### 5:00 pm Efficacy and Safety of Laparoscopic Adjustable Gastric Banding: A 3-year Retrospective Case Series from a Private Canadian Ambulatory Surgery Centre

**Presenter:** Mr. Mostafa El-Beheiry

### 5:15 pm Which Psychological Factors Predict Successful Outcomes after Bariatric Surgery for Patients With Obesity? A Longitudinal Assessment

**Presenter:** Ms. Kashmala Qasim

### 3:45 pm – 5:30 pm BARIATRIC MEDICINE (ACCEPTED PAPERS)

**Co-Chairs:** Drs. David Lau, Arya Sharma

### 3:45 pm Analysis of the Effect of Excess Weight and Weight Loss on Serum Aminotransferases: Further Defining Clinical Correlates

**Presenter:** Dr. Sonja Wicklum

### 4:05 pm The Role of Pharmacy in Bariatric Surgical Assessment and Treatment Centre

**Presenter:** Mr. Wilf Steer

### 4:25 pm Evaluation of a One-to-One Low-calorie Meal Replacement Program (LCMRP) on the Management of Adult Obese Patients with a BMI ≥ 35 with 2 Risk Factors or BMI ≥ 40 in the Outpatient Population

**Presenter:** Dr. A. Elsharif

### 5:00 pm Panel Discussion

### 3:45 pm – 5:30 pm MENTAL HEALTH (ACCEPTED PAPERS)

**Chair:** Dr. Brian Stonehocker

### 3:45 pm Neuropsychological Correlates of Declarative Memory in Bariatric Surgery Patients With and Without Mood Disorders

**Presenter:** Ms. Maria Restivo

### 4:05 pm Suicidality and Bariatric Surgery Candidates

**Presenter:** Dr. Susan Wnuk, PhD

### 4:25 pm Psychiatric Disorders and Functional Health Status in Canadian Bariatric Surgery Candidates

**Presenter:** Ms. Rachel Strimas

### 4:45 pm A Shift in Perspective: Not "What's Wrong and How Do We Fix It?", But "What's Right and How Do We Use It?"

**Presenter:** Dr. Lize Jalbert, PhD



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### Friday, June 8, 2012

- 5:05 pm Bridging the Psychosocial Gaps During the Transition from Pediatric to Adult General Hospital Settings: A Model for Mental Health Delivery  
**Presenter:** Dr. Marlene Taube-Schiff, PhD
- 5:20 pm **Panel Discussion**

### 3:45 pm – 5:30 pm ALLIED HEALTH AND NUTRITION (ACCEPTED PAPERS)

**Co-Chairs:** Ms. Mary Dunn, Ms. Tammy Eborall

- 3:45 pm Development of an Advanced Practice Nursing Role in Bariatrics  
**Presenter:** Mr. Jeff Kilbreath
- 4:05 pm Voices From the Hinterland Part 1: Rural Dwelling Weight Loss Patients' Perspectives of Accessibility and Care  
**Presenter:** Dr. Geoffrey S. Navara, PhD
- 4:25 pm Voices From the Hinterland Part 2: Local Challenges of Bariatric Surgery Management  
**Presenter:** Dr. Fergal O'Hagan, PhD
- 4:45 pm Tracking Bariatric Surgery Patients: Leveraging Existing Resources to Improve Patient Flow  
**Presenter:** Mr. Jeff Kilbreath
- 5:05 pm **Panel Discussion**

### 5:30 pm – 7:30 pm WINE & CHEESE RECEPTION

### Saturday, June 9, 2012

### 7:00 am – 11:00 am REGISTRATION

### 7:00 am – 8:00 am BREAKFAST

### PLENARY SESSIONS

### 7:15 am – 9:30 am CURRENT OUTCOMES AND MANAGEMENT

**Co-Chairs:** Drs. Kenneth Reed, Teodor Grantcharov

### 7:15 am – 8:30 am Choice of Surgical Approach:

- 7:15 am Laparoscopic Adjustable Band: Is it a Good Long-term Solution for All?  
**Speaker:** Dr. David Urbach
- 7:30 am Laparoscopic Sleeve Should Be The Primary Procedure  
**Speaker:** Dr. James Ellsmere
- 7:45 am Laparoscopic Gastric Bypass Should Be The Standard of Care  
**Speaker:** Dr. John Hagen
- 8:00 am Laparoscopic Duodenal Switch Can Be The Primary Option  
**Speaker:** Dr. Olivier Court
- 8:15 am **Panel Discussion**

### Saturday, June 9, 2012

### 8:30 am – 9:30 am Medical Approach to Obesity:

- 8:30 am Prescribed Preoperative Weight Loss is not a Prerequisite for Success  
**Speaker:** Dr. Stephen Glazer
- 8:45 am Role of Private Bariatric Medical Centres  
**Speaker:** Dr. Sean Wharton
- 9:00 am Bariatric Surgery Versus Intensive Medical Treatment in Obese Patients with Diabetes. Implications of New RCTS  
**Speaker:** Dr. Philip Schauer
- 9:15 am **Panel Discussion**

### 9:30 am – 10:00 am KEYNOTE SPEAKER: OBESITY IS A TRANSMISSIBLE DISEASE

**Speaker:** Dr. Picard Marceau

### 10:00 am – 10:20 am NUTRITION BREAK

### 10:20 am – 1:00 pm TOPICAL ISSUES AND NEW TREATMENTS

**Co-Chairs:** Drs. Daniel Birch, Michel Gagner

- 10:20 am Gastric Plication  
**Speaker:** Dr. Philip Schauer
- 10:40 am Future Role of Pharmacology  
**Speaker:** Dr. Tony Chetty
- 11:00 am Vagal Blocking for the Treatment of Obesity: The Maestro System  
**Speaker:** Dr. Miguel Herrera
- 11:20 am New Guidelines for Psychiatric Assessment of Bariatric Patients  
**Speaker:** Dr. Valerie Taylor
- 11:40 am Surgery for Diabetes  
**Speaker:** Dr. Michel Gagner
- 12:00 pm Pediatric Obesity Surgery: What is the rationale?  
**Speaker:** Dr. Jacob Langer
- 12:20 pm Single Incision Bariatric Surgery: Is it worth it?  
**Speaker:** Dr. Pierre Garneau
- 12:40 pm **Panel Discussion**

### 12:50 pm THE ROAD AHEAD AND THE ROLE OF CABPS

**Speaker:** Dr. Mehran Anvari

### 1:00 pm CLOSING REMARKS

**Speaker:** Dr. Mehran Anvari